Be the Voice of Missouri Family Physicians

Advocacy Day, February 24, 2015, Jefferson City

Advocacy Day is right around the corner! Register online to participate in the legislative briefing and breakfast at Capitol Plaza Hotel, visit your Legislator’s offices at the Missouri State Capitol (appointments to be scheduled for you by MAFP staff) and end the day with the Board of Directors meeting from 2:30-5 p.m. at the hotel. This year’s Advocacy Day will be held in conjunction with the White Coat Day at the Capitol.

This year, we are also holding a detailed legislative briefing on Monday evening, February 23 from 6:30-8:30 p.m. For those who attend this briefing, there are a limited number of complimentary hotel rooms available on a first-come, first-served basis – please let the MAFP office know if you will need a hotel room. Sign up today and get involved!

**Medical Students and Residents:** This is an opportunity for you to see the legislative process in action. Sign up today and be paired with an MAFP member to participate in the Advocacy Day events: legislative briefing, appointments with legislators and MAFP board meeting.

Register for the 67th Annual Scientific Assembly

Register today for the 67th Annual Scientific Assembly, June 5-6, 2015. This two-day conference will be held at The Lodge at Old Kinderhook in Camdenton, Missouri. Register before May 5 to receive the early bird discount.

Nominate the Family Physician of the Year for 2015

Do you have an outstanding, caring colleague or physician in your community that deserves the title, “Family Physician of the Year?” Nominations may be made by a member of the MAFP or the public. The winner will be honored at the MAFP annual meeting in June 2015. Nominate a family physician today!

Survey Shows:

**Americans Plan to Change Nutrition and Fitness Habits in 2015**

Family Medicine for America’s Health released survey results revealing that most Americans (83%) are looking to make a change in their diet and exercise this year, but fewer than half (43%) will do so in consultation with their doctor. According to the survey of more than 1,000 adults aged 18+, Americans have by far the most trust in physicians to provide advice about healthy behaviors, yet turn most often to online sources, which they trust at a much lower rate. The study also found that 4 in 5 Americans consider their lifestyle healthy despite the fact that half of Americans say they exercised two times or less often in the past two weeks. - See more [here](#).

Focus on Health - Nutrition and Fitness

Health is Primary is focusing on nutrition & fitness in January which highlights the important role primary care and family medicine can play in promoting nutrition and fitness. This initiative is the first in a series that will occur each quarter throughout the campaign demonstrating how primary care supports patients in preventing disease and promoting health. Future topics in 2015 include chronic disease management in March, immunizations in August and smoking prevention and cessation in November. See more information on Nutrition, Fitness or Health is Primary.
HHS Shifts Medicare Reimbursements from Volume to Value
HHS has set a goal of tying 30 percent of traditional, or fee-for-service, Medicare payments to quality or value through alternative payment models, such as Accountable Care Organizations (ACOs) or bundled payment arrangements by the end of 2016, and tying 50 percent of payments to these models by the end of 2018. HHS also set a goal of tying 85 percent of all traditional Medicare payments to quality or value by 2016 and 90 percent by 2018 through programs such as the Hospital Value Based Purchasing and the Hospital Readmissions Reduction Programs. This is the first time in the history of the Medicare program that HHS has set explicit goals for alternative payment models and value-based payments. See more here.

Road To 10 Program Seeks Provider Champion Nominations
Road To 10 is asking for your help to select up to five (5) potential ICD-10 Provider Champion candidates who see long-term opportunities for clinical care improvements with the transition from ICD-9 to ICD-10 and would like to share their perspectives with peers, partners, and policymakers in a meaningful way. This initiative expands upon the successful Physician Champion program that is part of the Roadto10 effort sponsored by the Centers for Medicare & Medicaid Services (CMS) to help small physician practices (≤ 10 physicians) successfully transition from ICD-9 to ICD-10. With less than nine months to go before the October 1, 2015 compliance date, industry-wide readiness assessments suggest that many of these practices are still struggling. Visit CMS today to jump start the transition.

2015 Fellowship in the History of Family Medicine
The AAFP Foundation’s, Center for the History of Family Medicine is accepting applications for the fifth annual Fellowship in the History of Family Medicine. The award provides up to $2,000 to support travel, lodging, and incidental expenses related to research on a project of the applicant’s choice dealing with the history of general practice, family practice, or family medicine in the United States. Interested family physicians, other health professionals, historians, scholars, educators, scientists, and others are invited to apply.

Deadline: 5:00 p.m. CT on Tuesday, March 31. All applications will be reviewed in April, and the Fellowship awards will be announced by May 31. Complete fellowship rules, application forms, and instructions available here.