



MISSOURI ACADEMY OF FAMILY PHYSICIANS

722 West High Street
Jefferson City, MO 65101-1526
Phone: (573) 635-0830
Fax: (573) 635-0148
www.mo-afp.org

PRESS RELEASE – For Immediate Release

For More Information Contact:

Kathy Pabst
573-635-0830 (office)
office@mo-afp.org
www.mo-afp.org

November 29, 2022 – Missouri Academy Installs New Officers

The Missouri Academy of Family Physicians (MAFP) installed new officers at the Academy's 74th Annual Meeting on November 12, 2022, at Big Cedar Lodge in Ridgedale, Missouri. Serving as President last year, John Burroughs, MD, became Board Chair of the family medicine group. Other officers include President Kara Mayes, MD, FAAFP; President-Elect Afsheen Patel, MD; Vice President Natalie Long, MD; and Lisa Mayes, DO, who completed year one of her three-year term as Secretary/Treasurer.

Burroughs (Board Chair)

John Burroughs, MD, of Liberty, Missouri, was installed as Board Chair of the Missouri Academy of Family Physicians (MAFP) at the Academy's 74th Annual Meeting on November 12, 2022, at Big Cedar Lodge in Ridgedale, Missouri. Dr. Burroughs is the medical director for Crossroads Hospice and Palliative Care. He precepts medical students from the UMKC School of Medicine and numerous nursing students. As a certified yoga instructor, he provides yoga and mindfulness classes to his patients and the community. Dr. Burroughs received his undergraduate education at Duke University, a medical degree at Wake Forest University, and residency training at the University of Utah. He is board certified by the American Board of Family Medicine. Dr. Burroughs has four children.

K. Mayes (President)

Kara Mayes, MD, FAAFP, of St. Louis, Missouri, was installed as President of the Missouri Academy of Family Physicians (MAFP) at the Academy's 74th Annual Meeting on November 12, 2022, at Big Cedar Lodge in Ridgedale, Missouri. Dr. Mayes practices at Mercy Clinic Weight and Wellness in Ballwin, Missouri. She completed medical school at Saint Louis University and residency at the Mercy Hospital Saint Louis Family Medicine Residency program. She is board certified in family medicine and obesity medicine. Dr. Mayes is married and has two children.

Patel (President-Elect)

Afsheen Patel, MD, of Lee's Summit, Missouri, was installed as President-Elect of the Missouri Academy of Family Physicians (MAFP) at the Academy's 74th Annual Meeting on November 12, 2022, at Big Cedar Lodge in Ridgedale, Missouri. Dr. Patel practices at the St. Luke's Primary Care Clinic in Lee's Summit with a special interest in women's health care, sports medicine, geriatric care, and

primary and preventative care. She completed her medical school training at the Royal College of Surgeons United Kingdom and her residency at the University of Missouri Columbia Family Medicine Residency program. She is board certified by the American Board of Family Medicine. Dr. Patel is married and has four children.

Long (Vice President)

Natalie Long, MD, of Columbia, Missouri, was installed as Vice President of the Missouri Academy of Family Physicians (MAFP) at the Academy's 74th Annual Meeting on November 12, 2022, at Big Cedar Lodge in Ridgedale, Missouri. Dr. Long completed her medical school and family medicine residency at University of Missouri Columbia (UMC). She practices full-spectrum Family Medicine and has a special interest in maternal mental health, opioid dependence management, and pregnancy care. She holds the rank of Associate Professor of Clinical Family and Community Medicine at the UMC School of Medicine. She resides in Columbia, MO with her husband and four children.

L. Mayes (Secretary/Treasurer)

Lisa Mayes, DO, of Macon, Missouri, completed year one of a three-year term as Secretary/Treasurer of the Missouri Academy of Family Physicians (MAFP) for a 3-year term at the Academy's 74th Annual Meeting on November 12, 2022, at Big Cedar Lodge in Ridgedale, Missouri. Dr. Mayes is employed by the Samaritan Hospital in Macon, Missouri, and has been practicing for 13 years. She is board certified in family medicine. She graduated from AT Still University in Kirksville and completed her residency at Northeast Regional Medical Center in Kirksville, Missouri. Dr. Mayes has three daughters.

About the Missouri Academy of Family Physicians (MAFP)

Founded in 1947, the MAFP represents over 2,300 physicians and medical students nationwide. It is the only medical society devoted solely to primary care. Headquartered in Jefferson City, MAFP is dedicated to optimizing the health of patients, families, and communities of Missouri through patient care, advocacy, education, and research.

Family physicians conduct approximately one in five of the total medical office visits in the United States annually – more than any other specialty. Family physicians provide comprehensive, evidence-based, and cost-effective care dedicated to improving the health of patients, families and communities. Family medicine's cornerstone is an ongoing and personal patient-physician relationship where the family physician serves as the hub of each patient's integrated care team. More Americans depend on family physicians than on any other medical specialty.

The Missouri Academy of Family Physicians is the state chapter of the American Academy of Family Physicians, which represents 136,700 physicians and medical students nationwide and is located in Leawood, Kansas.

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