



# MISSOURI ACADEMY OF FAMILY PHYSICIANS

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## **PRESS RELEASE – For Immediate Release**

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### **November 19, 2021 – Missouri Academy Installs New Officers**

The Missouri Academy of Family Physicians (MAFP) installed new officers during the Awards and Installation Luncheon in conjunction with MAFP's 73<sup>rd</sup> Annual Meeting at Big Cedar Lodge, Ridgedale, Missouri, on November 13, 2021. Serving as President last year, John Paulson, DO, PhD, FAAFP, of Joplin, Missouri, subsequently became Board Chair of the family medicine group. Other officers include President, John Burroughs, MD; President Elect Kara Mayes, MD, FAAFP, St. Louis; Vice President, Afsheen Patel, MD, Lee's Summit; and Lisa Mayes, DO, Macon, was re-elected to a three-year term as Secretary/Treasurer.

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#### **Paulson (Board Chair)**

John Paulson, DO, PhD, FAAFP, of Joplin, Missouri, was installed as Board Chair of the Missouri Academy of Family Physicians (MAFP) during the Awards and Installation Luncheon in conjunction with MAFP's Annual Fall Conference in Ridgedale, Missouri, on November 13, 2021. Dr. Paulson is the Department Chair of Primary Care at Kansas City University, Joplin Campus. He is board certified in family medicine and a Fellow of the American Academy of Family Physicians. He graduated from Oklahoma State University Center of Health Sciences and completed his residency at Cox Family Medicine Residency in Springfield, MO. Dr. Paulson is married to Crissy and they have one daughter.

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#### **Burroughs (President)**

John Burroughs, MD, of Liberty, Missouri, was installed as President of the Missouri Academy of Family Physicians (MAFP) during the Awards and Installation Luncheon in conjunction with MAFP's Annual Fall Conference in Ridgedale, Missouri, on November 13, 2021. Dr. Burroughs is the medical director for Crossroads Hospice and Palliative Care. He precepts medical students from the UMKC School of Medicine as well as numerous nursing students. A certified yoga instructor, he provides yoga and mindfulness classes to his patients as well as the community. Dr. Burroughs received his undergraduate education at Duke University, a medical degree at Wake Forest University, and residency training at the University of Utah. He is board certified by the American Board of Family Medicine. Dr. Burroughs has 4 children.

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**Kara Mayes (President Elect)**

Kara Mayes, MD, FAAFP, of St. Louis, was installed as President Elect of the Missouri Academy of Family Physicians (MAFP) during the Awards and Installation Luncheon in conjunction with MAFP's Annual Fall Conference in Ridgedale, Missouri, on November 13, 2021. Dr. Mayes practices at the Mercy Clinics Weight and Wellness in Ballwin, Missouri. She completed medical school at Saint Louis University and residency at the Mercy Hospital Saint Louis Family Medicine Residency program. She is board certified in family medicine. Dr. Mayes is married and has 2 children

**Patel (Vice President)**

Afsheen Patel, MD, of Lee's Summit, was installed as Vice President of the Missouri Academy of Family Physicians (MAFP) during the Awards and Installation Luncheon in conjunction with MAFP's Annual Fall Conference in Ridgedale, Missouri, on November 13, 2021. Dr. Patel practices at the St. Luke's Primary Care Clinic in Lee's Summit with a special interest in women's health care, sports medicine, geriatric care, and primary and preventative care. She completed her medical school training at the Royal College of Surgeons United Kingdom, and residency at the University of Missouri Columbia Family Medicine Residency program. She is board certified by the American Board of Family Medicine.

**Lisa Mayes (Secretary/Treasurer)**

Lisa Mayes, DO, of Macon, Missouri, was re-elected to serve as Secretary/Treasurer of the Missouri Academy of Family Physicians (MAFP) for a 3-year term. Dr. Mayes is employed by the Samaritan Hospital in Macon, Missouri and has been practicing for 13 years. She is board certified in family medicine. She graduated from AT Still University in Kirksville and completed her residency at Northeast Regional Medical Center in Kirksville, Missouri. Dr. Mayes has three daughters.

**About the Missouri Academy of Family Physicians (MAFP)**

Founded in 1947, the MAFP represents over 2,400 physicians and medical students nationwide. It is the only medical society devoted solely to primary care. Headquartered in Jefferson City, MAFP is dedicated to optimizing the health of the patients, families and communities of Missouri by supporting family physicians in providing patient care, advocacy, education and research.

Family physicians conduct approximately one in five of the total medical office visits in the United States per year – more than any other specialty. Family physicians provide comprehensive, evidence-based, and cost-effective care dedicated to improving the health of patients, families and communities. Family medicine's cornerstone is an ongoing and personal patient-physician relationship where the family physician serves as the hub of each patient's integrated care team. More Americans depend on family physicians than on any other medical specialty.

The Missouri Academy of Family Physicians is the state chapter of the American Academy of Family Physicians who represents 136,700 physicians and medical students nationwide and is located in Leawood, Kansas.

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(Left to right) Board Chair, John Paulson, DO, PhD, FAAFP; President, John Burroughs, MD; President Elect, Kara Mayes, MD, FAAFP; Secretary/Treasurer, Lisa Mayes, DO